




## Wrawby St. Mary's CE Primary PSHRE Curriculum 2025-26

Class	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Class 1</b> Reception & Year 1	Who is special to us?		Who helps us to keep safe?		How can we look after each other and the world?	
<b>Class 2</b> Year 2 & Year 3	How can you be a good friend?	What keeps us safe?	What are families like?	What makes a community?	Why should we eat well and look after our teeth?	Why should we keep active and sleep well?
<b>Class 3</b> Year 4 & Year 5	What makes up a person's identity?	How can we manage our feelings?	How can friends communicate safely?	How can drugs common to everyday life affect health?	How can our choices make a difference to others and the environment?	What jobs would we like?
<b>Class 4</b> Year 5 & Year 6	How can we keep healthy as we grow?		How can the media influence people?		What will change as we become more independent? How do friendships change as we grow?	

\*Year group specific and age-appropriate Relationships Education (RSE) will be delivered each January by Big Talk, with the class teacher present.

### Key

-  Relationships
-  Health and Wellbeing
-  Living in the Wider World