

WRABY ST MARYS PRIMARY– LONG TERM PLAN FOR PE OVERVIEW 2025-26

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception and Year 1 MH DB	Playground games (1wk) Invasion games (dribble races/pass and shoot)	Gymnastics Solo sequence Yr 1	Gymnastics Bench Sequence Yr 1	Tennis Yr 1	Striking and Fielding Boccia Yr 1 Striking mini-golf Yr 1	Striking and Fielding Boccia Yr 1 Fielding goals Yr 1
	Athletics Personal Best Yr 1	Dance Amazing Party Time Yr 1	Dance Animals Yr 1	Invasion Games Penalty shoot-out Yr 1 Dribble races	Athletics Wacky Races Yr 1	Athletics Triathlon Yr 1
Year 2/3	Playground games 1wk Invasion games (Bench ball)	Gymnastics Solo sequence Yr 2	Gymnastics Bench Sequence Yr 2	Tennis Yr 2	Striking and Fielding Boccia Fielding goals Yr 2	Striking and Fielding Tee-ball Yr 2
	Athletics Personal Best Yr 2	Dance Super Sequences Yr 2	Dance Guess the Story Yr 2	Invasion Games Dribble Races Yr 2 Pass and Shoot Yr 2	Athletics Cross-country Yr 2	Athletics Triathlon Yr 2
Year 4/5	Playground Games (1wk) Invasion games (Netball Yr 4)	Gymnastics Solo sequence Yr 4	Gymnastics Apparatus Sequence Yr 4	Tennis Yr 4	Striking and Fielding Chase the batter Yr 4	OAA Yr 4
	Personal Best Athletics Yr 4	Dance World Showcase Yr 4	Swimming Yr 4 Dance Tell me a Story Yr 5	Invasion Games No-dribble Football Yr 4	Athletics Pentathlon Yr 5	Invasion Games Hand ball Yr 4
Year 5/6	Playground games (1wk) Invasion Games (Netball)	Gymnastics Solo sequence Yr 5	Gymnastics Apparatus Sequence Yr 5	Tennis Yr 5	Striking and Fielding Adapted Rounders Yr 5	OAA Yr 5
	Personal Best Athletics Yr 5	Dance Workout Yr 5	Dance Yoga Teachers Yr 5	Invasion Games Football Yr 5	Athletics Heptathlon Yr 5	Invasion Games My game Yr 6

