

WRAWBY ST MARYS PRIMARY– LONG TERM PLAN FOR PE OVERVIEW 2025-26

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception and Year 1	Playground Games (1wk) Invasion Games (dribble races/pass and shoot)	Gymnastics Solo sequence	Gymnastics Bench Sequence	Tennis	Striking and Fielding Boccia Striking mini golf	Striking and Fielding Boccia Fielding goals
	Athletics Personal Best	Dance Amazing Party Time	Dance Animals	Invasion Games Penalty shoot-out Dribble races	Athletics Wacky Races	Athletics Triathlon
Year 2/3	Playground games (1wk) Invasion Games Bench ball	Gymnastics Solo sequence	Gymnastics Bench Sequence	Tennis	Striking and Fielding Boccia Fielding goals	Striking and Fielding Tee-ball
	Athletics Personal Best	Dance Super Sequences	Dance Guess the Story	Invasion Games Dribble Races Pass and Shoot	Athletics Cross-country	Athletics Triathlon
Year 4/5	Playground Games (1wk) Invasion Games Netball	Gymnastics Solo sequence	Gymnastics Apparatus Sequence	Tennis	Striking and Fielding Chase the batter	Outdoor Adventurous Activities (OAA)
	Personal Best Athletics	Dance World Showcase	Swimming Yr 4 Dance Tell me a Story	Invasion Games No-dribble Football	Athletics Pentathlon	Invasion Games Hand ball
Year 5/6	Playground games (1wk) Invasion Games (Netball)	Gymnastics Solo sequence	Gymnastics Apparatus Sequence	Tennis	Striking and Fielding Adapted Rounders	Outdoor Adventurous Activities (OAA)
	Athletics Personal Best	Dance Workout	Dance Yoga Teachers	Invasion Games Football	Athletics Heptathlon	Invasion Games My Game